

# KEEPING CARERS INFORMED



## Education Sessions

Carers NSW is offering a number of webinars during September to November 2020 for carers and service providers:

- [Understanding the new Carer Gateway services](#)
- [Navigating My Aged Care](#)
- [Transitional Care](#)
- [Health and Wellbeing for carers](#)
- [Understanding and Supporting Carers for service providers](#)

All of the above sessions can be delivered on request, email: [education@carersnsw.org.au](mailto:education@carersnsw.org.au)

## Carer Support Groups

A free 3-week interactive workshop for facilitators will be held, starting on Wednesday 4 November, 2020. It covers topics and issues relating to the role of a carer support group facilitator, including:

- An introduction to group processes and group work
- Identifying and responding to issues specific to carers and the group
- Developing and maintaining ethical facilitation.

This training is open to service providers and carers who currently facilitate a carer support group, or for those interested in facilitating their own group.

**For information, dates and registration, [click here.](#)**